## MARCH MĀEHE SKY GUIDE

## Leo

In Greek mythology, the constellation of Leo represents the vicious lion said to have terrorised the district of Nemea. Many tried to defeat the lion but the animal's pelt proved impenetrable. Eventually the hero Hercules cornered the lion in a cave and strangled it to death. Afterwards he skinned the beast and made a cape of its hide, which became one of his most distinctive features. The goddess Hera then placed the lion in the sky, to honour its status as king of the beasts.

Of the 12 zodiac constellations, Leo is considered one of the easiest to find. Look north-east to find a backwards question mark shape of stars, known as the Sickle. At the bottom of the Sickle you'll see a bright star named Regulus, which means "little king". The Sickle is the lion's head – scan towards the eastern horizon to find the rest of the lion's body.



## **Māori Stars**

Takurua is the brightest star in the sky and can be seen in the north from late November to early July. Takurua shares her name with winter – when she is bright in the sky it is a sign that frost is on the way. The winter season is sometimes personified as Hine-takurua, or winter woman. Maruaroa o Takurua, the winter solstice, occurs between 20 to 22 June and is said to be when the sun begins his journey from Hine-takurua (his winter bride) to Hine-raumati (his summer bride).

Takurua will be nearly overhead for most of March, making it easy to find. Simply look up while facing north and pinpoint the brightest star in the sky.

The brightest star in the southern sky is Autahi, also known as Te Ariki o Te Tau, the Lord of the Year. Autahi has been given this title because he is circumpolar, meaning he never sets below the horizon and is visible in the sky year round. Because Autahi is so easily seen, he was one of the guiding stars used by Polynesians on their way to New Zealand. Autahi was also known to predict wind patterns by twinkling in the direction the winds were blowing.

Autahi is directly above us in March and is the second brightest star in the sky. If you've already found Takurua simply scan south until you find another star of similar brightness – this is Autahi.

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